



**Dr. David C. Moenning**  
**Licensed Marriage & Family Therapist**

**COUPLES QUESTIONNAIRE**

Name \_\_\_\_\_ Age \_\_\_\_\_

Relationship Status \_\_\_\_\_

Years together \_\_\_\_\_

Please answer each question as completely and accurately as possible. Your information will help me learn about your relationship and help me in our work together.

1. What are the things you like most about your relationship?

2. What do you like most about your partner?





14. In your present relationship, can you ask your partner when you need closeness and comfort? Please detail. Can you rate your level of difficulty (1 extremely easy --- 10 extremely difficult).

15. Can you think of bonding moments in your relationship when one of you reaches out and the other responds in a way that makes you both feel emotionally connected and secure with each other? Please detail.

16. What messages about love/marriage did you get from your parents? Your community?

17. Before your present relationship, did you experience a safe, loving relationship with someone you trusted, felt close to and could turn to if needed? Who? Please detail.

18. Are there significant times in your present relationship that you felt your partner was not there for you. Please detail.

19. If it is hard for you to turn to and trust others, to let them close when you really need them, what do you do when life gets too big to handle or when you feel alone?

20. Name two specific things that would make you feel safer and more secure in your present relationship.

Anything else about your relationship you wish to share?

Client signature \_\_\_\_\_

Date \_\_\_\_\_